

ABNORMAL UTERINE BLEEDING (AUB) PROVIDERS – METRO AUCKLAND

Please contact nor-womenshealthpc@tewhatauora.govt.nz for any additions or amendments to this list

If you are unable to refer to a GP colleague, the Mangere LARC/AUB clinic can accept referrals,
contact nor-womenshealthpc@tewhatauora.govt.nz

AUCKLAND/WAITEMATA		
Practice	Name	Email
Birkenhead Medical Centre T: 09 419 1636	Claire Han	admin@birkenheadmedical.co.nz
College Hill Doctors T: 09 360 8008	Hannah Liu	info@chd.co.nz
Family Health Matters T: 09 973 4106	Michal Noonan	reception@fhm.co.nz
Hillside Medical Centre T: 09 625 9068	Dr Foong Yeen Chan Dr Ang Liu	reception@hillsidemedical.co.nz
Lifeline Medical Centre Ōtāhuhu T: 09 276 2822	Sobia Imran	reception@lifelinemedical.co.nz
Mt Wellington Family Health Centre T: 09 570 2999	Kirsty Good	info@mtwellingtondocs.co.nz
Panmure Medical Centre T: 09 570 4019	Grant Robertson	reception.panmed@gmail.com
Three Kings Accident & Medical T: 09 625 2999	Himali McInnes Kate Harrison	admin@threekings.co.nz
Westcity Waitakere* T: 09 553 9588	Dr Albert Low	info@wimc.co.nz

*Accepts referrals

EASTERN		
Practice	Name	Email
Beachlands Medical Centre T: 09 536 6006	Naghham Hawa Rebecca Starr	manager@beachmed.co.nz
Botany Junction Medical Centre T: 09 265 0321	Ahmed Kareem Carlos Lam Yang Jayani Kannangara Sonia Kamdar Therese Khella Wen Chen Yimin Wang	nurse@bjdocs.co.nz
Botany Medical and Urgent Care T: 09 280 1790 E:	Naghham Hawa Salam Salih	reception@botanygp.co.nz
Botany Town Centre Medical Practice T: 09 273 6003	Pieter Vosloo Dr Chantelle Kahl	admin@bmp.nz
Clendon Family Health Centre T: 09 267 2636	Dr Bhavana Patel Dr Lisa Karl	bhavana@clendonfamily.co.nz Lisa@clendonfamily.co.nz

EASTERN		
Crawford Medical Centre T: 09 538 0083	Bruce Greenfield Dr Bradford Volk	nurse@crawfordmedical.co.nz
DW Family Doctors T: 09 576 5177	Dr David Wu Dr Yirui (Joyce) Zhang	infodwdoctors@gmail.com
Highland Park Medical Centre T: 09 535 8095	Brett Hyland Joyce Leung* Wendy Chan	bretthyland@highlandpark.co.nz lydia@highlandpark.co.nz medical@highlandpark.co.nz
Howick Health and Medical Centre T: 09 534 3978	Amanda Sew Hoy Amy Rankin	amyh.rankin@gmail.com reception@howickhealth.co.nz
Howick House Medical T: 09 535 8797	Bronwyn Lloyd	reception@howickhouse.co.nz
Local Doctors Dannemora T: 09 274 7823 ext. 9935	Janan Mansour Tanvir Kaur	anjini.kumar@tamakihealth.co.nz
Marina Medical Centre T: 09 534 5414	Pei Yeong* Yirui (Joyce) Zhang	info@marinamedical.co.nz
Millhouse Integrative Medical Centre T: 09 537 4980	Aileen Wong Satya Subramanian Therese Khella	aileenwong@millhousemedical.co.nz satya@millhousemedical.co.nz reception@millhousemedical.co.nz
Ormiston Medical Centre T: 09 265 1325	Lily Liu	info@ormistonmedical.co.nz
Tend Pakuranga Medical Centre T: 09 950 7351	Bushra Kadhim Eileen Sables Simon Russell	auckland@tend.co.nz auckland@tend.co.nz auckland@tend.co.nz

FRANKLIN		
Practice	Name	Email
Pukekohe Family Health Care T: 09 237 028	Aileen Elborough Rattan Saini*	contact@pukekohehealth.co.nz
Pukekohe South Doctors T: 09 237 0286	Louimillsa Sinclair	reception@pukekohesouthdoctors.co.nz
Waiuku Health Centre T: 09 235 9102	Nicola Coombes* Sasha Maxwell	admin@waiukumedical.co.nz

*Accepts referrals

MANGERE		
Practice	Name	Email
Bader Drive Health Care Mangere T: 09 275 8598	Hina Lutui Nua Tupai	womenshealth@bdhealthcare.co.nz
Dr John Upsdell - Doctors Clinic T: 09 278 7214	John Upsdell*	
Local Doctors Mangere T: 09 274 7823 ext. 9935	Lamara Kandelaki	anjini.kumar@tamakihealth.co.nz
Mangere East Medical Centre T: 09 275 8587	Shelley Roy	mangereeastmc@xtra.co.nz
Mangere Health Centre T: 09 255 0600	Rekha Das Satya Subramanian Tim Hou	das@mhc.net.nz subramanian@mhc.net.nz tim.hou@mhc.net.nz nzregistrar@mhc.net.nz

MANGERE		
	Lorrayne Rani (under supervision of Dr Hou)	
Mangere LARC/AUB Clinic T: 021 371586		nor-womenshealthpc@tewhatuora.govt.nz
The Doctors Middlemore* T: 09 275 9977	Dr Indira Wickramasinghe	info@md.thedoctors.co.nz
Turuki Health Care T: 09 275 5788	Janet Vaughan Emalia Lavemai Katrina Kirikino Thealyssa Ng	mangere@thc.org.nz

*Accepts referrals

MANUKAU		
Practice	Name	Email
Counties Medical Integrated Health Centre T: 09 299 9384	Amelia Tuyay*	Amy.Tuyay@countiesmedical.co.nz
Bakerfield Medical & Urgent Care Clinic T: 09 263 7770	Sahar Bahnan Hannah Liu	manager@bakerfield.co.nz
Clendon Medical Centre T: 09 267 4525	Richard Kenner	reception@clendonmed.co.nz
Counties Medical Family Health GP Clinic T: 09 299 9384	Amelia Tuyay*	Amy.Tuyay@countiesmedical.co.nz
Hunters Corner Medical Centre T: 09 278 5563	Esther Hausia	reception@hunterscornermedical.co.nz
Local Doctors Takanini T: 09 274 7823 ext. 9935	Paul Hutchison	anjini.kumar@tamakihealth.co.nz
Manukau LARC Clinic T: 021 371586		nor-womenshealthpc@tewhatuora.govt.nz
Papakura East Medical Centre (The Doctors Papakura) T: 09 299 9666	Primla Khar Sarah Holmes (will be on leave from late Dec 2025 for an extended time)	admin@pemc.co.nz
Papakura Family Medicine Clinic T: 09 298 6378	Amelia Tuyay*	surgerychoy@gmail.com
Rosehill Christian Medical Centre T: 09 298 2780	Imelda Quero Dr Melissa Amertil Dr Grace Tong	reception@rcmc.org.nz
Southpoint Family Doctors T: 09 262 0072	Fiona Shepherd Hina Lutui	clinical@spfd.co.nz hinamaha@spfd.co.nz
Te Manu Aute Whare Oranga, Manurewa Marae T: 09 640 0822	Veenita Devi Rairi	admin@manurewamarae.co.nz
The Doctors Drury T: 09 294 3005	Sophie Chan	admin@drury.thedoctors.co.nz
Tiakina Te Ora Medical Practice T: 09 298 0778	Jacqueline Allan	admin@tiakinateora.co.nz

OTARA		
Practice	Name	Email
Local Doctors Otara T: 09 274 7823 ext. 9935	Oruba Khalil Sue Tutty	anjini.kumar@tamakihealth.co.nz
Otara Family and Christian Health Centre T: 09 274 6654	Dr Mark Arbuckle Dr Karina Cooper Dr Sonal Gosai Renee Carroll (Nurse) Delvene Steven	mark.arbuckle@otarafamily.health.nz karina.cooper@otarafamily.health.nz Sonal.gosai@otarafamily.health.nz Renee.carroll@otarafamily.health.nz Delvene.steven@otarafamily.health.nz